



### Letter from Lori Kennedy, North Texas Area Community Health Centers Board President:

These past two years have seen many changes to our world from education to travel to business. Most affected has been healthcare, namely, our business. The pandemic has changed how we operate including the ability to visit our doctors online via telehealth as well as again in person.



One thing that hasn't changed is our commitment to high quality healthcare. At North Texas Area Community Health Centers (NTACHC), our patient's health and well-being are our priority. Our patients are some of the most vulnerable in Tarrant County. The NTACHC team works hard every day to provide healthcare for the immediate needs of our patients while implementing preventative options-reducing hypertension and diabetes, providing immunizations and conducting well care visits.

Community Health Centers were started as a movement to give back resources and empower communities to take care of themselves. NTACHC is focused upon continuing this heritage of community care. We provide high quality medical services, while serving as a safety net for the lower-income population, to help successfully address health disparities in our community.

We are here for our patients in Tarrant County. And we are grateful for our providers and clinical staff who are improving the health and wellness of each patient through our accessible, compassionate and quality healthcare services. We hope this update gives you a snapshot of how we are taking care of our community and want to take care of you.

#### **Board of Directors** Lori Kennedy – President

William B. Venable – Vice President Daniela Arroyo – Treasurer Rachel Arellano – Secretary

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Teresa Montes Carlos Morales, Ph.D. Di Ann Sanchez, Ph.D. John Hernandez, Emeritus

### **Our Caring Providers**





Dora Bradford, MSN, APRN, WHNP-BC

Feven Bucklew, APRN-CNP



Dinesh Gowda, MD, FAAP



Allison "Ally" Haug, FNP-C



Tiffany Reynolds, WHŃP



Patricia A. Rodriguez, MD. FAAP





Monica Falcon, PA-C



Madhavi Gavirneni, MD



Kristina Jacobsen, PharmD



Maria del Pilar Levy, MD



Thomas J. Rubeo, Jr., MD



Mary Kate Sain, OD, FAAO



### North Texas Area Community Healthcare Centers

#### We have three local healthcare centers in Fort Worth and Arlington ready to serve you.

#### Women's Health

- Well Women Exams
- Prenatal and Postpartum Care
- Sonograms
- Birth Control and Pregnancy Testing
- Testing and Treatment for Sexually Transmitted Infections
- Lab Services
- Behavioral Health/Counseling
- Pharmacy

#### Adult Health

- Same-Day Sick Visits
- Yearly Physicals
- Vaccines
- Diabetes and Hypertension Care
- Lab Services
- Behavioral Health/Counseling
- Pharmacy

#### Pediatric Health

- Well Child Exams
- Same Day Sick Visits
- Vaccines
- Lab Services
- Behavioral Health/Counseling
- Pharmacy

#### **Behavioral Health**

- Counseling For Patients of All Ages
- Group or Family Sessions
- In-Person, Via Phone or Video

#### Northside Eye Care Center

- Eye Examinations
- Glasses Prescriptions
- Eye Examinations for Glaucoma, Diabetes, Macular Degeneration, Cataracts, Dry Eye, Red Eyes, Injury/Infection



#### North Texas Area Community Health Centers **Dedicates The Morris Foundation Building**

In July 2020, NTACHC officially dedicated the Northside Community Health Center and renamed it The Morris Foundation Building, thanks to a \$1 million grant. This gift was part of a \$15.3 million capital campaign, led by U.S. Representative Kay Granger, to build a new 34,000-square-foot Northside Community Health Center to better serve the medically underserved area. Primary care services include adult care, pediatric care, women's health, and behavioral health, along with pharmacy, labs, diabetes management, health education and wellness.

Dr. Carlos Morales, 2020 NTACHC board president, said, "At NTACHC, our patients are some of the most vulnerable in Tarrant County. We are grateful for the collaboration with The Morris Foundation as they understand the challenges our patients face to maintain their health and wellness. We are honored to have The Morris Foundation name on the Northside Center building as a symbol of not only our partnership but the commitment to the underserved patients of NTACHC."

# community health center







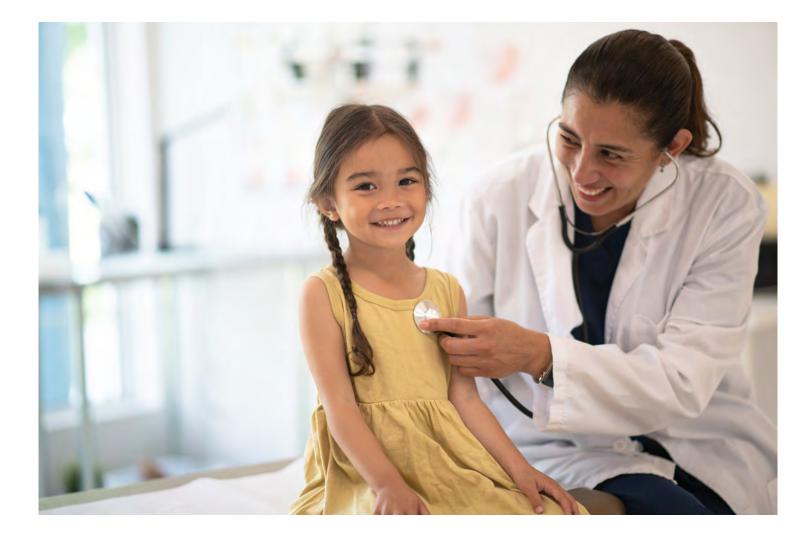


Located off 287 and Mitchell, our Southeast Community Health Center serves the neighborhoods surrounding the area. In January 2021, we partnered with Texas Health Resources to provide the COVID-19 vaccine to our most vulnerable patients here. "We have patients that are living in high-risk ZIP codes where

we saw a lot of these community members being hit really hard with COVID," said Dr. Patricia Rodriguez, chief medical officer for the health centers. "It is really critical for us to be able to vaccinate our patient population, and of course, the community-at-large, because otherwise they have difficulty accessing care."



Located south of I-30 off Cooper, our Arlington Community Health Center has added more patients and providers these past two years and continues to grow. Our board members have also held outreach events to introduce their business associates and friends to this location including the new mayor.



Arlington Mayor Jim Ross visits the Arlington CHC with Diana Rochin.



Our Arlington Community Health Center Providers





### Accomplishments/News

#### Vaccinations in Partnership with THR

In January, we partnered with Texas Health Resources to provide the COVID-19 vaccine to our most vulnerable patients at our Southeast Center location.

"We have patients that are living in high-risk ZIP codes where we saw a lot of these community

members being hit really hard with COVID," said Dr. Patricia Rodriguez, chief medical officer for the health centers. "It is really critical for us to be able to vaccinate our patient population, and of course, the community-at-large, because otherwise they have difficulty accessing care."

#### **Our Community Partners Support Us!**

In May, we held a Community Partner Breakfast to thank them for their support and to update them on what we're doing to help those in our community who need access to high quality healthcare.

#### Our thanks to our Community Partners:

Fort Worth ISD **Guardian Services** HSC JPS Health Network Lighthouse for the Blind Mercy Clinic of Fort Worth Mission East Dallas

#### **Community Vaccinations Given in 2021**

Throughout the year, NTACHC held vaccination clinics at all three locations providing thousands of the COVID-19 and flu vaccines to the community.



Click Here to read

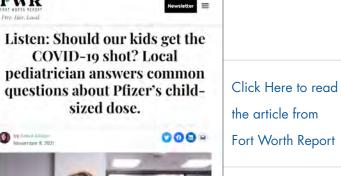
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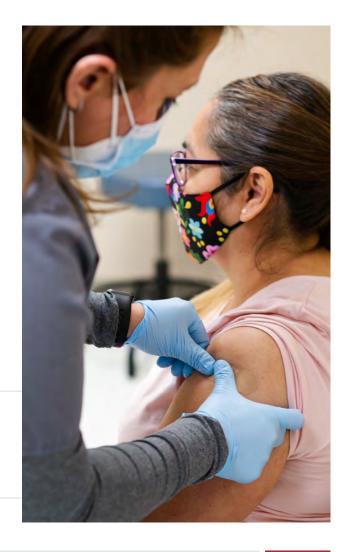


FWR

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- Foremost Family Health Centers Fort Worth Chamber of Commerce Fort Worth Hispanic Chamber of Commerce Health Services of North Texas HHM: Healing Hands Ministry
- Los Barrios Unidos Community Clinic
- Mount Olive Baptist Church, Arlington New Life Fellowship, Arlington Rising Star Baptist Church, Fort Worth Rosa Es Rojo Samaritan House Shiloh Missionary Baptist Church Sixty & Better Tarrant County Medical Society Tarrant County Community College Tarrant County Public Health Texas Health Resources University of Houston YMCA of Fort Worth





#### National Health Center Week Focuses on **Our Patients Young and Young-at-Heart**

In August, during National Health Center Week, we celebrated the work we do to keep the community healthy. For our children, we held a coloring creation activity to encourage children to submit drawings representing what health means to them and thanked them with a toy. On Patient Appreciation Day, we gave gifts to thank them for being our patients.





Dr. Patricia Rodriguez, NTACHC Chief Medical Officer; Dr. Mary Kate Sain, Northside Eye Care Center Clinic Director, and Professor of Practice, University of Houston College of Optometry; U.S. Rep. Marc Veasey; Dr. Jennifer Deakins, Clinic Director of Community Eye Clinic, and Assistant Clinical Professor, University of Houston College of Optometry

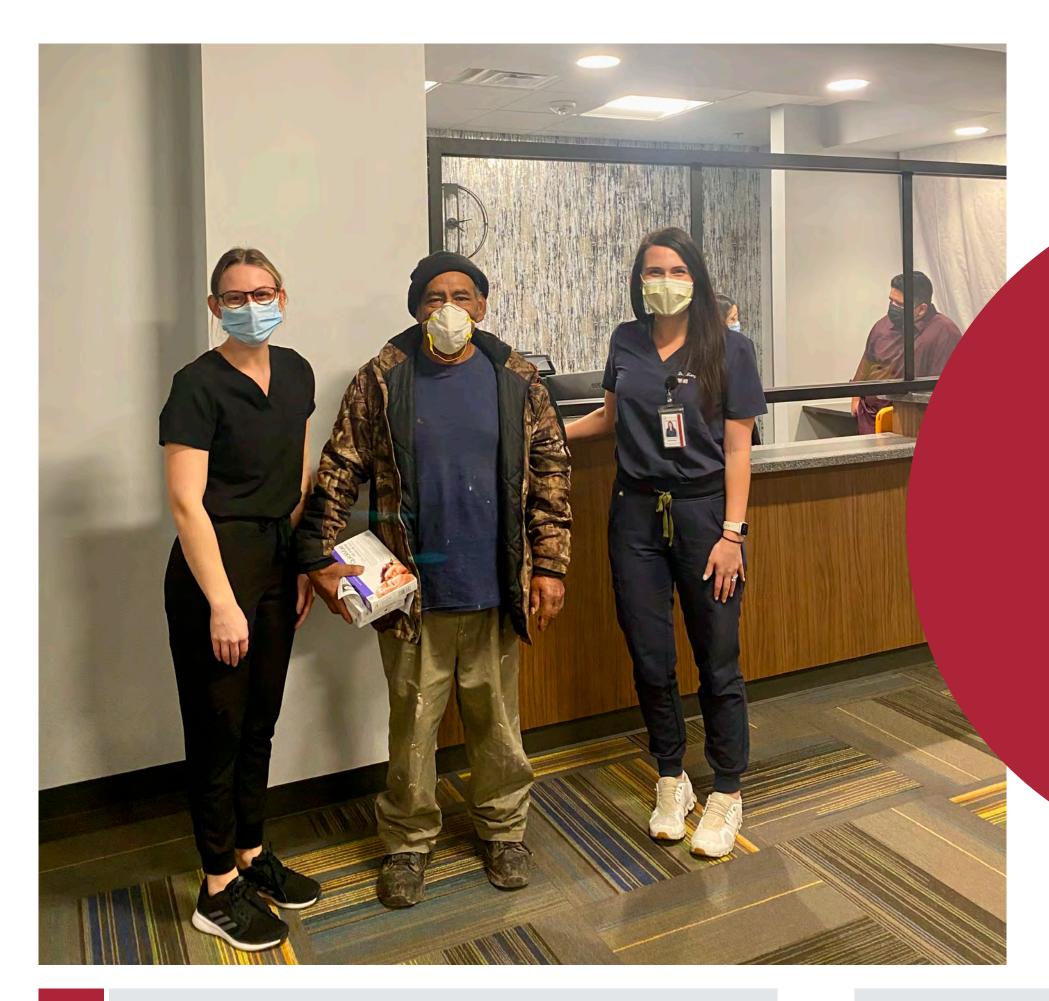
#### Northside Eye Care Center Opens in November 2021

Seeing is believing! North Texas Area Community Health Centers, Inc. opened up its Northside Eye Care Center in partnership with the University of Houston's College of Optometry where University's doctors and student doctors work onsite. NTACHC also has a unique agreement with Lighthouse for the Blind of Fort Worth to provide on-site optical services, such as selecting and ordering glasses. The center offers an array of services, ranging from



routine eye care to comprehensive medical exams,
for patients of all ages. This includes examinations
for glaucoma, diabetes, macular degeneration,
cataracts, dry eye, injury/infection, red eyes,
glasses prescriptions and more. Special thanks to
Alcon Foundation, Amon G. Carter Foundation and
Association of Clinicians for the Underserved for
their support.

Platt Allen, III, president and CEO of Lighthouse for the Blind of Fort Worth; Dr. Mary Kate Sain; U.S. Rep. Marc Veasey



## His Eyes and Health

Mr. Jose Ramirez had been unable to receive eye care for quite some time now due to limited options. He has also not been able to receive good systemic care in years for the same reason, but he knew his eyes just felt funny and scheduled an appointment. Northside accepted his marketplace plan.

his diabetes.

## Northside Eye Care Center Helps Man With

During his visit, our providers found severe changes to his eyes caused by uncontrolled diabetes. We were also able to quickly have him set up to see a physician assistant to start treatment for his elevated blood sugar levels.

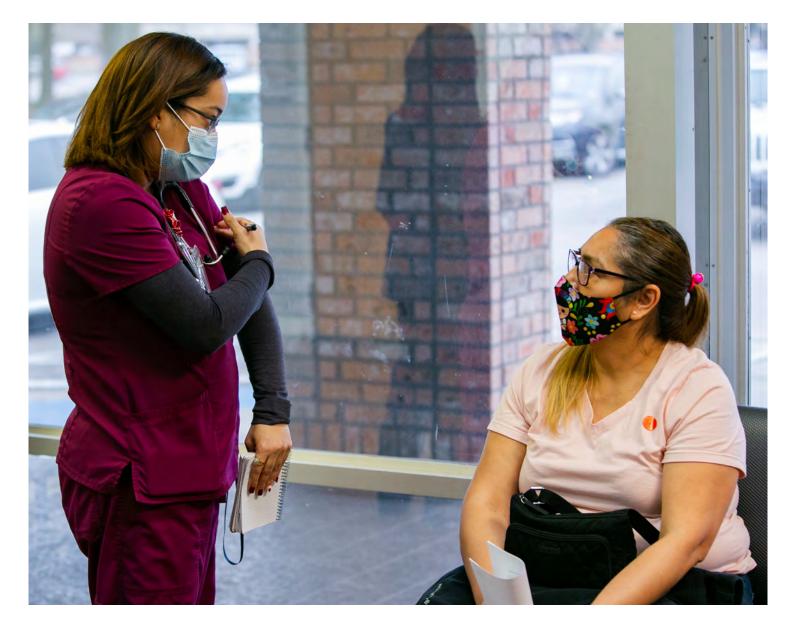
Ultimately, Mr. Ramirez was so thankful he found the Northside Eye Care Center because his care here led to his ability to receive systemic care for

### Awards Received

#### NTACHC Receives NCQA Patient-Center Medical Home Recognition for All Locations

All three locations are again National Committee for Quality Assurance's (NCQA) Patient-Centered Medical Home (PCMH) recognized. The patient-centered medical home is a model of care that puts patients at the forefront of care. Recognition under the PCMH Standards demonstrates our quality and improvement in providing the highest quality of care. This is a great honor as this recognition program is the most widely adopted PCMH evaluation program in the country.







### NTACHC Receives American Heart Association Awards Our hearts are grateful for these award we've received from the American Heart Association.

• Our Arlington Center received a Gold Status recognition as part of the 2021 Target: Type 2 Diabetes<sup>SM</sup> Recognition Program. We are dedicated to helping our patients achieve the best possible outcomes, and implementing the American Heart Association's Target: Type 2 Diabetes program will help us accomplish that by making it easier for our teams to put proven knowledge and guidelines to work on a daily basis. If you need help managing your diabetes, please reach out to us.

• In addition, all three of our centers have been recognized with a Silver Award by the American Heart Association's Target: BP for our work to improve blood pressure control rates and reduce the number of Americans who have heart attacks or strokes.

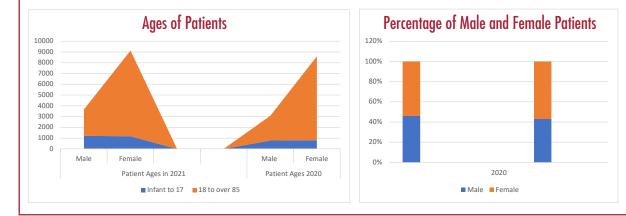


## NTACHC By The Numbers

### Financials

#### North Texas Area Community Health Centers, Inc. **Consolidated Statements of Activities** Years Ended December 31, 2020

VENUE AND SUPPORT		Without Donor Restrictions		December 31, 2020 With Donor Restrictions		Total
Gross Patient Service Revenue Less: Contractual and Other Discounts Net Patient Service Revenue	\$	6,522,215 (3,151,602) 3,370,613	\$		\$	6,522,215 (3,151,602) 3,370,613
Pharmacy Revenue, Net COGS of \$294,175 Government Grants - Federal Government Grants - State Private and Other Grants Awards Under Paycheck Protection Program - See Note 16 Awards Under CARES Act Tax Credits - See Note 16 Awards Under CARES Act Provider Relief Funds - See Note 16 Noncash Contributions Miscellaneous		523,815 3,755,310 483,518 436,365 655,100 70,917 14,354 53,141 <u>61,138</u>		463,900		523,815 3,755,310 483,518 900,265 655,100 70,917 14,354 53,141 61,138
Total Support and Revenue		9,424,271		463,900		9,888,171
NET ASSETS RELEASED FROM RESTRICTION		399,589		(399,589)		
OPERATING EXPENSES Program Services Fundraising General and Administrative Total Operating Expenses		8,368,952 149,488 936,728 9,455,168				8,368,952 149,488 936,728 9,455,168
OPERATING INCOME (LOSS)		368,692		64,311		433,003
NONOPERATING ACTIVITIES Interest Income Amortization Expense Interest Expense		99,614 (42,646) <u>(616.735)</u>				99,614 (42,646) ( <u>616,735)</u>
NONOPERATING INCOME (EXPENSE)		(559,767)				(559,767)
CHANGE IN NET ASSETS		(191,075)		64,311		(126,764)
Net Assets - Beginning of Year		3,389,909		64,694		3,454,603
NET ASSETS - END OF YEAR	\$	3,198,834	\$	129,005	\$	3,327,839





#### **Total Number of Patients** 2020 - 11,691 2021 - 12,795

Percentage of Patients Below Poverty Line - 73%

Percentage of Patients Self Pay - 63%

Accepted Medical Plans: Medicaid CHIP Medicare Marketplace Insurance Private Insurance



## north texas area community health centers

**About us:** A nonprofit organization, North Texas Area Community Health Centers are a community family medical practice that offers a full-range of primary and preventative healthcare services to patients throughout Tarrant County. These services include adult care, pediatric care, women's health and behavioral health, along with pharmacy, lab

Take a virtual tour of our Northside Healthcare Center: vimeo.com/548896592/5e341981e2



**Donate:** ntachc.org/donate-coronavirus



tests, diabetes management, health education, wellness and immunizations and COVID-19 testing. In 2002, NTACHC was founded as a federally qualified health center to provide high quality medical services, to serve as a safety net for the lower-income population, and to help successfully address health disparities in the community. Open to all, NTACHC has three community-centered medical homes: Northside Community Health Center, Southeast Community Health Center and Arlington Community Health Center.

### For more information, visit: ntachc.org or call 817-625-4254



Follow us on social media: Facebook | LinkedIn | Twitter | Instagram



community health center a member of the NTACHC family 2332 Beverly Hills Dr. Fort Worth, TX 76114  $\bigotimes$ 



2909 Mitchell Blvd. Fort Worth, TX 76105



### arlington community health center

979 N. Cooper St. Arlington, TX 76011

Our Mission: To improve health and wellness through accessible, compassionate and quality healthcare services for all

Our Vision: To create a healthy community for all people | Our Values: Integrity, Compassion, Quality, Respect, Equity

