



# FIRST QUARTER 2025 UPDATE



north texas area  
community health centers

As Tarrant County’s population continues to grow, we see more patients needing health and mental health services. This letter shares a few updates on North Texas Area Community Health Centers (NTACHC) and how we are working to serve the growing needs of our community.



## NTACHC Treated 12,000 Patients in 2024

Of NTACHC’s 12,000 plus patients, 69.5% are female and include children and youth under 18. NTACHC is the only Federally Qualified Health Center (FQHC) in Tarrant County, and we provide care to everyone in our community—no matter your background or circumstances. We offer a range of payment options to help make care affordable and accessible for you.

## Living Your Best Life Receives Accolades

NTACHC started our Living Your Best Life (LYBL) for many people facing diabetes and hypertension. We received funding to implement remote patient monitoring (RPM) into a second arm of our Living Your Best Life program (blue-tooth enabled blood pressure monitors for our uncontrolled hypertensive patients). Nearly 80% of the patients enrolled in RPM are now in good control. We currently have 339 patients enrolled, and over 500 patients have been a part of this program in total since we began. To showcase our great work, NTACHC was featured in the NHCI Data Integration Roadmap shared nationally by HRSA to help other health centers across the country implement RPM and improve health outcomes.



**LIVING YOUR BEST LIFE**



## New Arlington Location

In summer 2024, we moved the Arlington Health Center to a new location to better serve our neighbors in the Vandergriff Building, 1001 N. Waldrop Dr., Suite #708 Arlington, TX 76012. Thanks to Texas Health Resources allowing us space at a slightly reduced rent.



## JOIN US FOR THIS FREE EVENT

### A Family Affair: Bridging Pregnancy and Postpartum

Friday, April 11 | 10:00 a.m. - 2:00 p.m.

Northside Community Health Center  
2332 Beverly Hills Dr., Fort Worth, TX 76114

Join us for a special event designed to support you and your growing family! The Joyful Beginnings program at NTACHC invites you to A Family Affair, a day filled with valuable information, community connection, and practical skills for every stage of parenthood. Also, we will have a special talk dedicated to our dads. It's a come and go event.

**Registration is required by April 5.** Register online at:  
[forms.office.com/r/UAGB5zceQf](https://forms.office.com/r/UAGB5zceQf) or call 682-255-7673.



### Joyful Beginnings: A Maternal Health and Wellness Program

Established in 2023, NTACHC's Joyful Beginnings-Maternal Health and Wellness Program was created to help reduce maternal and infant mortality for all pregnant women in the high risk or low economic status. The number of patients has more than doubled. We have pregnant patients and see them and their babies through their first 12 months. In 2024, NTACHC added Rocki's closet, modeled after Dr. Virginia Caine's B.A.B.E.S. program, to provide practical items such as diapers, clothing, cribs, car seats and more. If you know of anyone pregnant needing a provider, please refer them to NTACHC where we will take care of them and their baby.

### Welcome to New Providers

As our needs grow, we are adding these new providers to serve our patients:



**Dr. Roohi Bakhath**  
at our Northside  
center specializing  
in Pediatrics



**Dr. Rebecca Barrett**  
at our Southeast  
Center with expertise  
in Family Practice



**Dr. Nancy Gegbe**  
at our Arlington  
Center specializing  
in Family Practice



**Lisa Ogbonna, PA-C,**  
at our Southeast Center  
focusing on Family  
Practice

### Northside Eye Care Center Adds New Provider



Dr. B. Ellie Stivala is our new Northside Eye Care Center Clinical Director. She is a board-certified Therapeutic Optometrist and Optometric Glaucoma Specialist who graduated from the University of Houston College of Optometry. She completed an ocular disease residency at the Community Eye Clinic in Fort Worth and has worked at Northside Eye Care Center under Dr. Mary Kate Walters who was our inaugural provider who moved. If you need an eye exam or new glasses, make an appointment today.

Finally, if you would like a tour of our center, please reach out to Janet Zavala at [adminasst@ntachc.org](mailto:adminasst@ntachc.org) or 817.625.4709.  
North Texas Area Community Health Centers | 2332 Beverly Hills Dr., Fort Worth, TX 76114 | 817.625.4254 | [www.ntachc.org](http://www.ntachc.org)